

Tips for flying with Portable Oxygen Concentrator

Flying with supplemental oxygen equipment requires a little bit of planning. Prior to your trip, you should check with your airline for their guidelines. For example, most airlines require you to carry your prescription and a written statement from a physician allowing you to fly.

Other guidelines may include:

- Confirming travel arrangements with the airline 48 to 72 hours in advance
- The ability to hear the portable oxygen concentrator alarms and see the alarm light indicators, to take the appropriate action in response to these warnings, or travel with a companion capable of doing so
- Notifying the airline upon check-in, and the flight attendant upon boarding, that you plan on using a portable oxygen concentrator onboard the airplane.

Many airlines have special assistance coordinators to help you through the process.

Travel checklist

- Bring current oxygen prescription that includes liter flow and duration
- Take the contact information of your home oxygen provider and/or identify a local homecare provider at each destination
- Pack power cords and batteries for all electrical equipment
- Carry extra nasal cannulas and tubing
- Pack medications in a carry-on bag
- Bring a complete medication record
- Locate and bring your insurance cards
- Secure a summary of your medical history from your physician

Medication record

Medication Name	Dosage	Day/Time	Special Directions

Other information and contacts

Known allergies:	
Known problem with medications:	
Your doctor:	Phone:
Your oxygen provider:	Phone:
Oxygen provider at destination:	Phone:
Emergency contact name:	Phone: